

WEEK 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>MAIN DISH</b>	Chicken Goujons with Oven Roast Wedges	<b>5</b> A DAY Spaghetti Bolognese	<b>5</b> A DAY Ham & Sweetcorn Pizza	Roast Chicken with Mash & Gravy	Fish of the day with Chips
<b>VEGETARIAN MAIN DISH</b>	Quorn Nuggets with Oven Roast Wedges	<b>5</b> A DAY Vegetarian Bolognese	Margarita Pizza	Quorn Fillet with Mash & Gravy	Cheese Whirl with Chips
<b>ACCOMPANIMENTS</b> <b>5</b> A DAY	Seasonal Vegetables Salad Bar	Garlic Slice Salad bar	Herby Potatoes & Sweetcorn Salad bar	Seasonal Vegetables Salad Bar	Seasonal Vegetables Salad Bar
<b>DESSERTS</b>	Shortbread Biscuit	Rice Pudding	Baked Vanilla Sponge and Custard	Chocolate mousse	Fresh Fruit Friday <b>5</b> A DAY
<b>FRESH FRUIT OR YOGHURT</b> <b>5</b> A DAY	Fresh fruit or yoghurt	Fresh fruit or yoghurt	Fresh fruit or yoghurt	Fresh fruit or yoghurt	Fresh fruit or yoghurt
<b>JACKET POTATO/PASTA/WRAP</b>	Tomato & Basil Pasta	Jacket potato with cheese / beans / Tuna	Cheese & Bean Wrap	Jacket potato with cheese / beans / Tuna	Pasta Bake



# MENU



Fuel your afternoon with a healthy school lunch from Mellors



- MEAT FREE MONDAY



- 1 OF YOUR 5 A DAY



- CHEF'S CHOICE