



PE Long Term Plan 2021-22 St Barnabas

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Reception	Gym in the Jungle – Multi-Skills	Dance: Dinosaurs	Ball Games	Gymnastics	Dance: Till You Drop	Athletics: mini Olympics
Year 1	Attacking and Defending	Dance: Seasons	Gymnastics: travelling	Yoga	Invasion Games: Fairground Fun	Athletics: running and jumping
Year 2	Throwing and Catching	Dance: Gunpowder Treason and Plot	Gymnastics: travelling and balancing	Dance: Toys	Invasion Games: dribbling and dodging	Athletics: jumping, pivoting and throwing
Year 3	Striking and Fielding: cricket and rounders	Gymnastics: Jumps and Leaps	Dance: Extreme Earth	Gymnastics: Floor and Apparatus	Invasion Games: fundamentals	Athletics: running, jumping, throwing
Year 4	Tag Rugby	Invasion Games: universal skills	Dance: Animals	Gymnastics: movement	Hockey	Athletics: pentathlon
Year 5	Striking and Fielding: cricket and rounders	Invasion Games: universal skills	Gymnastics: vaulting and moving	Dance: Haka	Basketball	Athletics: endurance
Year 6	Hockey	Dance: electricity	Gymnastics: linking movement	Striking and fielding: ball skills	Invasion games: passing and attacking	Athletics: throwing